

21CC[®]

Summer Flips Out

INFO PACK

WWW.21CENTURYCHEER.COM



EVENT Basics

Summer Flip Out

DATE 24th May 2026

LOCATION Uni of Galway Kingfisher

DEADLINE March 13th for late entries

DIVISIONS

Novice | Prep | Elite | International
Game Day | Stunt | Solo | Duo

Summer Flip Out is an event to bring the fun to the end of your season!

We have created this event to provide a platform for all levels but to shine a light on lower levels and give recreational teams a chance to compete against the best.

Come along for a summer themed event that will provide sun and fun regardless of what the weather outside is!



COMPETITOR FEES

ALL PRICES ARE PER ATHLETE



EARLY
13 FEB

€35

€15

€50

€20

ON TIME
27 FEB

€45

€20

€55

€25

LATE
13 MAR

€50

€25

€60

€30

ENTRY Fees

BOOK ONLINE

SPECTATORS

€15 per adult

€5 per U12

Family of 4 €35 (2 Adult and 2 Child)



Loyalty Discounts will be made by the registration team after you finish your registration - before you pay!

To register, visit us now
www.21centurycheer.com



INFORMATION & General

COMPETITION GUIDELINES

- Cheer Divisions must have a minimum of 5 athletes, maximum is different for various divisions.
- Cheer Routines must last a minimum of 1 minute 30 secs and maximum of 2 minutes 30 secs
- **All Star Prep Routines** are a maximum of 2 minutes.
- **Novice Routines** are a max of 1 minute 30 seconds.
- Group Stunts may have 4-5 athletes. Partner must be 2 athletes and a spotter.
- **Group Stunts** are a maximum of 1 minute 15 secs. Spotters can be used.
- GAME DAY routines are max 1 minute 30 seconds
- Dance divisions must have 5 athletes and a maximum of 36 (specific to division).
- **Dance Routines** are a maximum of 2 minutes 15 secs, minimum 1 minute 45 secs.
- **Solos / Duos / Trios** are a maximum of 1 minute 15 secs, no minimum.
- Ages are determined for the 2025/26 season based on the athletes age as of the 31/12/26.
- We will be using a modified for Ireland version of the United Scoring system which you can find on our website.

Division Splits

Divisions 1-4 will be split into **Small** and **Large** once there are over 3 teams in a division. Small teams are teams with 7-16 athletes, large teams are teams with 17+ athletes.

Please note that should the need arise, as per IASF rules, we may merge divisions such as placing all girl and coed teams within the same division. Should this happen, you will be made aware of it with the release of the latest running order. We may also merge divisions from IASF and All Star Elite at the same level into one division ie Youth Level 1 and U12 International Level 1.

INFORMATION & General

Cancellation Policy

- Refunds will not be processed for teams after the **February 27th entry deadline**. Should you need to pull a team, you can do so up to and including February 27th but after that point there will be no refunds.

Division Changes

- Should you decide to change division prior to the release of the first running order, we will consider requests made in writing to our office. We will confirm receipt of the request and consider the possibility of the division change and send a written confirmation of our decision.
- No team will switch divisions after the first draft of the running order is released.

Substitutions and Mid Routine Injury

- Subs are allowed once all applicable fees and release forms have been made. Roster changes can be sent by email.
- Substitutions on the day will be allowed in the event of injury but all other rules and guidelines will still be followed.
- In the event of injury during a routine, the routine will be stopped and will be given a chance to rerun later in the event (only scored from the point of injury and all elements must be thrown, no marking allowed except for the injured group)

Crossovers are allowed.

Please note that an athlete can only crossover to another division ie competing in senior level 2 and junior level 1 would be acceptable. Competing on two senior level 2 teams would not be acceptable.

Athletes can compete in many different divisions such as Hip Hop, Cheer and Stunt Group, but they cannot compete against themselves.

Crossovers cannot compete on All Star AND Prep/ Novice.

Crossovers are allowed to compete up to 3 teams and may compete at any level.

Prep/Novice athletes cannot cross to elite/international divisions.

INFORMATION

& General

Scoring Queries

Any queries must be made on the day.

Deadlines for Registration and Payment

Registration details must be with the administrator on or before March 13th, any entries past this date will not be accepted if there is no space.

Payment Options

We accept online payment online or via Bank Transfer (there is no processing fees for Bank Transfers, besides any of your own bank fees, or international payments).

Account Name 21CC

IBAN IE16 AIBK 937436 81263 300

BIC AIBK IE2D

Address AIB, Eyre Sq, Galway.

We will issue receipts for payments and invoices if necessary. Please contact us to ensure we have received your payment if you have not heard from us within 5 working days of sending it. We highly recommend you use registered post if you are sending anything by mail!



BIDS

26-27 SEASON

BIDS

We will be offering bids for All Star Worlds and Prep and Rec Grand Nationals at Summer Flip Out

